



Product Support Bulletin

Title: Silicone Lube Instructions

Date: August 13, 2007

****Ensure Unit is turned off and or unplugged****

1. Clean debris between belt and deck: lift edge of running belt, slide lint-free cloth attached to flat rod or stick from front roller down to rear roller.
2. Rotate belt manually and repeat step 1. **DO NOT TURN ON POWER TO TREADMILL.**
3. Apply ½ ounce of Silicone Lube to a clean lint-free cloth.
4. Attach lubed cloth to stick and lift edge of belt. Evenly apply lube by sliding cloth from front roller down to rear roller.
5. Start treadmill at 1 MPH and walk on all sections of belt for 1 minute to ensure wax has been evenly distributed.
6. Remove any excess lube from sides of treadmill.